EAST ANGLIAN REGIONAL HOUSING OFFICE

Bldg. 429, RAF Lakenheath 01638 522064, DSN 226-2064 Bldg. 231, RAF Mildenhall 01638 542808, DSN 238 2808







HOUSING BROCHURE

INTRODUCTION

Welcome to Military Family Housing (MFH)

This brochure has been prepared in order to help you understand general housing policies and procedures. The following pages will also help explain our responsibilities towards your home as well as what is expected from you.

Your home represents a substantial investment by the United States Air Force and we need your help in protecting that investment and minimizing additional expenditure of funds for repair, due to unnecessary damage.

If you are considerate of your neighbors and treat your home as if you were the owner, we can assure you that not only are relationships enhanced at all levels, but that you will also be able to provide a better home and community for future families.

As it is impossible to itemize every small detail or circumstance, we welcome you to contact the Housing Facilities section at 01638 52 2064. If your question cannot be answered at this point, we will investigate and respond to you as soon as possible

We sincerely hope that your stay in Family Housing is both pleasant and rewarding.

With Kind Regards
The Housing Staff

INDEX

	– Air Force Responsibilities	
In	itial Inspection	6
Aı	ppliances	6
Ke	ey Issue	6
Lo	ock outs	6
Tr	rash Collection	7
	ecycling and Trash Information	7
	bandoned / Un-Roadworthy Vehicles	8
	rounds Care	8
	ard Inspections	8
	– Resident Responsibilities	Ü
		0
	ood Neighbors	9
	oise Control	9
	our Children	9
	urking	9
	oing TDY / Leave	9
	are of your Family Housing Unit	9
Go	ood Housekeeping	10
Flo	oors	10
W	alls	10
Ce	eilings	10
Aı	ppliances	10
Ste	oves	10
Ki	tchen Exhaust Fan	11
Dı	ryers	11
		11
		11
	arbage Disposal Units	11
	me Scale	11
	rass	11
	now/Ice Removal	11
	nrubs and Flower Beds	11
	ash	12
	indows	12
	iscellaneous Items	12
	azardous Materials	12
	eneral Observations.	12
	amages	12
	amage Assessments Form	12
	kamples of Damage beyond Fair, Wear & Tear	
	surance	
	uilure to Comply with Housing Standards	13
Section 3	– General Information	
Ut	tilities	13
Er	nergy Conservation	13
W	ater restrictions	13
	hat not to flush	14
	eating Thermostat Control	14
	il Tank Supply	14
	FN	14
	aterbeds	14
		14
	usiness Enterprises.	
	1	

	Registered Childcare	
	Exterior Electrics.	
	Fire Pits	15
	Air Conditioning Units	15
	Christmas / Festive Lights	15
	Pest Control.	
	Birds Nests	15
	Fireworks	
	Yard Sales	
	Solicitation in Housing Area.	
	Recreational Equipment / Activities	
	Basketball Hoops	
	Swimming / Wading Pools/ Water Features	
	Trampolines	
	Bicycle Users	
	Fire Arms.	1 /
	24 – Self Help	
	Self Help Store	
	Self Help Project Coordination.	17
	Pre-project Inspection.	17
	Post-project Inspection	18
	Maintenance Responsibility	18
	Fences	
	Standard Specification.	18
	Position	
	Sheds/Storage Containers	
	Patios	
	Ceiling Fans.	
	Satellite Dishes.	
	Landscaping	
	Window / Door Bug Screens	
	· · · · · · · · · · · · · · · · · · ·	
	Carpet/Vinyl Flooring.	
	Painting/Wallpaper/Borders	
	Patio Lean-to/Carports	19
	25 – Pets	
	Pet Abuse	
	Conditions for Keeping Pets in Housing.	20
Section	6 – Security	
	· · · · · · · · · · · · · · · · · · ·	21
	Member's Responsibilities	22
	Cars	
	Personal Safety.	22
	What Can I Do?	22
	Intruders	22
	Interrupting Burglars	22
	Self Defense	
		23
	Ministry of Defense Police.	
	A Partnership	
	8	24
	Your Child Security	24
	Child Neglect and Abuse.	
	Curfew	
	Child Supervision Guidelines	25

Section 7 – Safety Awareness	
Smoke and Carbon Monoxide Detectors	
Storage of Hazardous Material	26
Burning Candles in your home	
Kitchen/Cooking Fire Safety	26
Legionnaires' Disease	27
BBQ/Smokers/Fire Pits	27
Fire/Emergency Reporting Procedures	
Section 8 – Termination of Military Family Housing	
Terminating Housing	28
Pre and Final Inspections	28
PCS'ing With Pets	28
Environmental	29
Section 9 – Useful Telephone Numbers	30
Section 10 – Map Location of Self Help Store	.31

Section 1 – Air Force Responsibilities



Initial Inspection: A housing representative will meet you at the pre-scheduled date and time to perform an initial walk through inspection of the unit. This will normally be held on the day that the keys are officially accepted by the new resident and will determine the point at which housing allowances are affected. You need to allow 75 minutes for the inspection and all related paperwork to be completed. All emergency cut off service points, heating operations and general features of the housing unit will be identified. An AF Form 227 (Quarters Condition Inspection Report) will be completed,

recording any significant discrepancies pertaining to the condition of the property, grounds and domestic appliances. Any other discrepancies found by you after this inspection, should be reported to a housing representative *within 15 calendar days*, so that either the AF Form 227 can be amended, or an inspection of the items be arranged.



Appliances: Cooking ranges, microwave ovens (if available), washers, dryers, refrigerators and dishwashers are government furnished and serviced. These appliances will remain your responsibility during occupancy and must not be removed from your quarters, or placed in external storage sheds. If you have noticed any problems with the appliances other than simple filter cleaning or

replacement, please do not attempt repair. All appliance problems must be called in as soon as possible to the FMS Appliance Call Desk Operator 01638 52 7156.

Key Issue: Where possible we will issue two full sets of keys on the initial inspection. If your children are 10 years or older, they are authorized to have their own door key. These additional keys can be requested at 48 CES, Bldg. 1155, RAF Lakenheath. Residents of Lords Walk Housing, please contact your Housing Representative who will advise. For additional key authorization, please take a copy of your AF Form 227, on which approval will be annotated by the Housing Representative. For all other key duplication requirements, please visit the Outdoor Recreation Center, or local key cutting shops.

Lockouts: In circumstances when you or a family member has locked themselves out of their home, call Housing Maintenance at 01638 533111 (Lords Walk) or 01638 532245 (All other housing areas). In some situations entry may be possible. However most cases the lock may have to be drilled out by Housing Maintenance or a skilled locksmith. This will be at your expense. To avoid such circumstances, leave a spare key at work, or entrust one with a friend or neighbor.

Trash Collection: We must all work together to keep our housing areas free of litter and unsightly trash receptacles. Please place your trash bags (Ely Housing Residents only) or wheelie bins at the nearest point of the street curb either late evening the night before or on the morning of your scheduled day of collection and return bins to their storage area that same evening. They must never be left out overnight. If you are under a wheelie bin system, you must ensure that all trash is safely stored within the container, with the lid fully closed. Any excess trash must either be disposed of at the local council household waste site, or carry it over to the following week. Never leave items on the ground around the bin. Please note: Strictly no bagged items are to be put in the Dry Recycle or Compost Bins. Failure to comply with this will result in these bins being rejected.

Stockpiles of cardboard boxes are not permitted to be left out for the trash collectors. Ensure that either the furniture packers remove the boxes, you dispose of them at your local household waste sites, or you take them to the Base Recycling Center.

The following details provide you with an idea as to what is allowed in each bin:

General Waste Bin: General household waste, pet waste, diapers, glass, cooked food & clothing.

Recycling Bin: Dry recyclables such as plastic, cardboard, aluminum/tin cans, paper, junk mail (no glass or Styrofoam).

Compost Bin: Grass cuttings, fruit, vegetable peelings, leaves, coffee grounds, & tea bags.

The local authorities will advise you whenever schedules change, due to public holidays.

All wheeled bins must be clearly marked with your house number. Bins left unclaimed will be removed from the housing area by the Council. If your trash bin goes missing, you will be charged for a replacement from the local council.

Recycling and Trash Information: Occasionally, there may be items that will not fit into the bins or bags provided. These items must be taken to the base recycling areas, to local household waste sites, or arranged to be collected by the local council.

Housing Areas Council		Household Waste Site		
RAF Lakenheath,	Forest Heath District	Sign posted off the A1065 between RAF		
RAF Mildenhall,	Council	Lakenheath Gate 1 and Barton Mills 5 ways		
Lords Walk	Tel. (01638) 719284	roundabout.		
RAF Feltwell	Kings Lynn & West	Sign posted off the A1065 between RAF		
	Norfolk Council	Lakenheath Gate 1 and Barton Mills 5 ways		
	Tel. (01553) 776676	roundabout.		
RAF Ely	East Cambs District	Turn into Depot Lane, off Exning Road in		
Council		Newmarket		
	Tel (01353 863864	Alternatively follow signs between Little		
(General Domestic)		Thetford and Stetham Villages.		
	Tel (01353) 616399			
	Furniture or appliances			

Abandoned/Unroadworthy Vehicles: If your vehicle is not in a road-worthy condition, i.e. has expired tax or is inoperable, it must be removed from the housing area. Do not leave abandoned or unroadworthy vehicles in parking bays or in general housing areas. Abandoned vehicles will be impounded and crushed. Placing a



Statutory off Road Notification (SORN) on your vehicle does not exempt you from the above regarding removal of abandoned or unroadworthy vehicles in housing areas. Owners of vehicles without road tax can be prosecuted and will be required to remove the vehicle from the housing area. Do not carry out major car repairs in the housing area, and never leave your vehicle on ramps or jacks. Always park your car in your allocated space. Do not leave your car parked on roads, or on sidewalks and never park on the grass. Obstructing a public sidewalk or parking too close to road junctions and roundabouts is a road traffic offense. Boats, campers, RVs, caravans, trailers and unused vehicles should be parked on base and not in the housing area. Please call your law enforcement desk for details regarding storage areas on base where these vehicles can be parked long term. Any cars violating these instructions will receive a Housing Discrepancy Notice which will be placed on your file.



Grounds Care: Common areas, which are normally beyond 50 feet from your housing unit, are normally Ground Controls responsibility. Responsibilities include but are not limited to the following: grass cutting, landscaping to shrubs and trees etc. You should never permit your pets to freely roam and exercise on these common areas, especially playground zones. Litter bins and pet waste containers will be emptied on a regular basis by Maintenance or Ground Control. Please note that the contractor is not responsible for picking up pet waste.

Yard Inspections: The housing representatives will perform regular area inspections to observe general appearances of yards and streets. If you persistently fail to take responsibility for your own individual areas, you will receive discrepancy notices. Repeated notices will be forwarded up the Chain of Command for resolution. This may lead to a loss of housing privileges.

The steps are:

1st reminder to you

2nd reminder to you and your First Sergeant

3rd reminder to you and your Commander

4th reminder over a 12 month period will gain you an audience with the 48 MSG Commander

The government and contractors are spending valuable resources and efforts in keeping your housing area maintained. Please do your part and keep your area PROUD.

Section 2 – Resident Responsibilities

Good Neighbors: Please be courteous to your neighbors. Be reasonable, considerate and talk to your neighbors should a problem or misunderstanding arise. In most situations, the matter can be satisfactorily resolved amicably. However, in situations where this may not be possible, please contact each other's First Sergeants and allow them to defuse the situation. The housing representative may also be requested to assist in matters that directly involve housing policy. We must all work together in order to maintain a civil, social and livable environment. Do your part to forge and maintain a good relationship with your neighbor.

Please consider the following points:



Noise control: Excessive noise is the primary complaint received by the Housing Office. General quiet times are from 2200hrs to 0800hrs. Please respect neighbors that work shifts and have varying sleep patterns. Prolonged periods of loud music, excessive noisy parties, or the continual sound of dogs barking can cause significant distress to your neighbors and dissension within the neighborhood. Be a good neighbor. Keep the noise down!

Your children: Do you know where your children are? Please ensure that they are playing in a safe and appropriate environment and not causing a nuisance to your neighbors.

Parking: Vehicles are strictly prohibited from parking on grass. Please use only the parking spaces allocated to you (garage and drive for Liberty Village and RAF Feltwell PIK housing). If you share an unmarked parking bay, please verify your space with the housing representative and do not park in your neighbors spot. If you are authorized to have more than two vehicles, this does not authorize you to use more than your allocated parking



spaces. Please do not park on footpaths, double yellow lines, or close to junctions. Emergency and trash collection vehicles must always have full unrestricted access to your housing area. You are responsible for the damage you cause by incorrectly parking.

Going on TDY/Leave: If you leave your housing unit unoccupied for more than one week, you must inform the housing office. A form can be filled out at the housing office, or e-mail your housing representative. Information should include your dates of departure and return with contact details of the person looking after your home. Arrangements must be made in advance for someone to visit your housing unit at least twice a week until you return. Ensure that mail is removed away from the doorway, windows and doors checked, look for water leaks on floors and ceilings on each visit. Also, ensure they maintain your lawn during your absence. In case of emergencies provide them the maintenance contact details. Your fridge magnet should also provide these emergency numbers. During winter months (Oct-Mar), ensure that your main heating thermostat is set at 15C/60F to avoid frozen pipes.

CARE OF YOUR HOUSING UNIT:

You are responsible for minor maintenance of your home. We expect you to take prudent care of your home, to include good housekeeping and garden care. Please respect and be proud of this valuable government asset.

Good Housekeeping: Regular cleaning is necessary in your home to maintain a tidy, safe and healthy environment for your family.

Floors: Clean floor surfaces regularly. Be aware of the risks of permanent carpet staining (i.e. Kool-Aid, blackcurrant juice, red wine, bleach, nail polish, ink, or various crafts paint and glues). If you have sheet vinyl flooring in the kitchen, utility areas or bathrooms, remember that these surfaces can tear easily when appliances are pulled out. Always tilt the machine back and slide under a slip mat or piece of cardboard before pulling them away from the wall. Clean behind and underneath your appliances periodically, especially the dryer. Do not apply heavy layers of wax to tiled surfaces, as build up can be unhealthy and also very difficult to remove on your housing termination. Please avoid using "rubber backed" mats in bathrooms as these can cause unsightly permanent yellow staining to vinyl floors if left in position for long periods.

Walls: Keep vents and ducts as clear as possible. Check behind your dryer to ensure the lint hose has not become disconnected or kinked and check the external vent to ensure good air flow. Call in all loose, cracked electrical outlets or switches to your maintenance provider. If you wish to paint or apply wall coverings, complete an AF Form 332 at the Housing Office. Your housing representative will advise you of preparation, material specifications and your responsibilities when vacating the home. Do not purchase your items prior to approval. Caution must be applied when hanging pictures and will be explained during your initial inspection (*see section 4 – Self help*). Do not drill holes in to UPVC windows or doors. Be aware of soot/wax build-up to walls and ceilings due to burning of candles, oil lamps and incense burners. Excessive build-up will likely require additional wall preparation during change of occupancy maintenance. This will be at your expense.

Ceilings: Do not attach ceiling fans until you have coordinated an AF Form 332 through the Housing Office. Fans need to be installed by a qualified UK electrician and proof will be required. Do not hang heavy items or attach hooks and nails to ceilings (this includes garages). Do not enter the attic space, as these are not designed for storage and are therefore prohibited.

Kitchen and Bathroom Cabinets: Do not drill holes into kitchen or bathroom cabinets as you may be charged for a replacement. Use self-adhesive child locks which can be purchased widely on the economy.

Appliances:

Stoves - Regularly clean your stove to include drip pans, racks, stove top and interior of oven. This will greatly reduce grease build-up and will help prevent the risk of fires. If your stove top lifts up, do not line this with aluminium foil as this could lead to a grease fire. Do not wet or soak the burners as this will trip the fuse each time. Please wipe up any spills immediately to avoid this happening.

Kitchen exhaust fan – Change paper filters when excessively soiled. Metal mesh/gauze filters may be cleaned in the dishwasher.

Dryers – Clean the lint filter after every cycle. If this is not done regularly, your dryer will likely clog with lint and become a fire hazard. **DO NOT CONTINUE TO USE THIS APPLIANCE UNTIL YOU HAVE CLEANED OUT THE HOSE AND DUCT!** If you have a condenser style dryer (no hose attached to the wall), clear your lint filter (in the door surround) every cycle and clear your large filter in the bottom compartment weekly. Remember to empty the water container each cycle.

Dishwasher - Keep your dishwashers topped up regularly with dishwasher salt. Some dishwashers will indicate on the control panel if salt levels are low. Other types may require a physical inspection inside by unscrewing the salt filler cap found under the lower rack. Dishwasher salt can be purchased at the commissary and on the local economy.

Microwaves – Where applicable, please only plug in to the wall sockets labeled "Microwave". This will prevent the ground floor circuit breaker from popping. When cleaning the internal glass rotating dish, always handle with great care as these are expensive to replace.

Garbage Disposal Unit – Do not pour oil, lard, or fat into this drain, as the change of temperature that occurs in the pipes can cause them to solidify. Please do not dispose vegetable peelings, rice, spaghetti, mashed potato and pasta in this unit as these items can also cause blockage. Always keep the water running during use.

Regularly check service hook ups behind your appliances for signs of water leaks, lint escape from hoses, or possible electrical damage such as burned outlets and damaged cables.

Lime Scale: It is important not to let lime scale build up in any appliances or fixtures, i.e. sinks, toilet and shower heads. Do not use abrasives to remove lime scale and do not allow chemicals to remain on chrome fittings for too long. Follow manufacturer's guidelines when using any type of lime scale removal. Do not use lavatory cleaners on stainless steel as it will turn the stainless steel black. Should you have any questions regarding persistent lime scale build up, your housing representative will be able to advise you accordingly.

Grass: You are expected to keep a neat, well-maintained, and edged lawn at all times. Please keep the grass to a maximum of 2 inches in height and generally free from weeds, moss and heavy seasonal leaf fall. If you that have pets, you should ensure that feces are collected daily and holes created by dogs are filled and re-seeded at regular intervals as and when required.

Snow/Ice Removal: It is the resident's responsibility to clear snow and ice from their footpaths, sidewalks and driveways up to 50 feet from the housing unit.

Shrubs and Flower Beds: You are expected to maintain flower-beds. Borders should be edged and free of weeds and grass growth. Shrubs should be pruned to a manageable height keeping windows and footpaths clear. Ivy/climbing/creeping plants should be kept to a manageable

height and not allowed to climb up walls. Trim off dead flower heads on shrubs if applicable and remove dead summer bedding plants at the end of the season. Water borders and grass in drought. Do not allow plants to wither and die in the summer months or dry areas. Do not remove pre landscaped borders such as those in Liberty Village or RAF Feltwell.

Trash: All trash bags and wheelie bins must be stored out of sight. Ensure your trash bins are identified with your house number and street name. Replacements are at resident's expense.

Windows: Wash any heavy build-up on windows and frames. Packing paper, cardboard or tin foil on your windows is prohibited in MFH, use appropriate window dressings only. If you own a dog, be aware that your pet may easily scratch the soft surface of the patio door glass. Protect your glass panels as they will be inspected on your PCS and will be charged, if appropriate.

Miscellaneous Items: Please keep all privately owned items, i.e. bicycles, toys, in provided sheds, closets, or rear yard. Sheds and fences must be maintained in good order unless covered by maintenance provider. Items such as garden hoses that are regularly used can be left in the front yard if they are neatly stored on a hose reel or bracket. Never coil them around the faucet or allow them to leak due to poorly fitting or incompatible joints. Carports and lean-to structures are not to be used as open storage areas. Keep front doorways free of miscellaneous items.

Hazardous Materials: Do not leave fuel, lubricant oil, or general fluid cans in front yards or parking areas. These are not only untidy, but can be extremely hazardous. Do not store old tires, batteries and vehicle parts in any areas. Oil and vehicle fluid leaks should be neutralized and washed away from surfaces at first opportunity. Please remember that not only does this look unsightly, but such fluids can remain actively flammable for some time and may ignite at any time, see manufacturer details for advice.

General Observations: Please contact housing maintenance or your housing representative should you notice inoperative streetlights, missing service covers, a drain blockage, structural defects, storm damage and general hazards around your housing area. The appropriate authorities can then be contacted for their immediate action.

Damages: Any damages in your housing unit caused by you (the member), your spouse, dependents, guests or pets, are your responsibility, as per AFI 32-6001. Para. 2.8. Cause of damage, may be considered fair wear and tear depending on an assessment made by a Housing or USAF nominated representative.

Damage Assessment Form: Following notification of any such repairs that are necessary, a damage assessment form will be issued to you on which options for payment and consideration will be given. Payment or any required correspondence should be completed and returned to the Housing Office within seven days from receipt of the form.

Example of Damages Beyond Fair Wear and Tear: Broken floor tiles, stained carpets, holes in doors, cracked toilet bowls, toilet seats, sinks, broken windows, burns and abrasions to kitchen countertops, UPVC products, damaged and missing appliances or equipment, over sprung door hinges, excessive wall damage, lost keys, etc. You could also be liable for damages caused by

failure to report problems in a timely manner to the housing maintenance contractor at early signs of a fault occurring. For example, always keep an eye on potential water leaks around the house, or water spots appearing on ceilings and call them in at the very first opportunity.

Insurance: It is not mandatory that you have renters insurance; however, it is highly recommended. You will be advised to take out a policy by your housing counselor to cover costs for building replacement. It is good advice to cover any damages or losses of your own personal property, but it equally important for you to have coverage for possible instances such as stains on carpets, fire, broken windows, impact damage to doors, smoke damage (caused by excessive use of candles), possible water damage, pet damage, etc.

Failure to Comply with Housing Standards: Assignment to housing can be terminated by the 48 FW/CC with a 30-day notice if you or a family member are responsible for willful, malicious, or negligent abuse or destruction of government property. Such cases will be fully documented and retained on file at the housing office.

Section 3 – General Information

Utilities: The USAF has contracts with specific utility companies to supply gas, water, oil and electricity. *Do not agree by telephone or in writing to change your utility supplier, or inform these companies when you are moving in or out of the property*. Do not accept incentives from any utility companies concerning the above.

Energy Conservation: We need your assistance in conserving energy, reducing expensive utility bills and the carbon footprint.

In order to save Government funding, please turn down your heat to a sensible level, such as 60F/15C during the night and for periods of absence.

60-65F/15-20C is a healthy/comfortable daytime level of heat for your unit.

Should your home become hot, to conserve energy please turn down the heat and do not open windows as a remedy. Adjust radiator valves individually to a lower

temperature in bedrooms rather than leave them on a high setting and open windows to cool the room down. Set your dryer timer for shorter periods and check to see when they are adequately dry. Turn off lights where possible and choose lower wattage or energy saving bulbs when replaced. Portable air conditioning units are not authorized in Military Family Housing. Make better use of window vents and ceiling fans where fitted. To conserve energy and reduce electric bills, residents are highly encouraged to use exterior washing lines to dry their clothes during summer months.

Water Restrictions: Conserve water whenever possible. It is always best to water grass and plants prior to sunrise and after sunset. In extreme hot weather conditions the local Water Authority may impose a garden hose ban. This will be advertised in local newspapers, the base magazines and mentioned on local news. If a hose pipe ban is imposed during your occupancy you cannot use your hose to: water plants or grass, wash a car, run a sprinkler, run a pressure washer, clean windows, walls, paths or patios, fill up a paddling pools, wash animals, fill or operate children's water toys or run an ornamental fountain. It may be unfortunate that some

grass areas suffer and burn, but roots will survive long periods of drought and will recover very quickly during the next rainfall. Residents will not be ticketed for scorched lawns on yard inspections.

What not to Flush: Many materials frequently flushed or poured down the drain can harm the pipes that connect to the city sewer system. The only thing that should ever be flushed down a toilet is human waste (urine and feces) and toilet paper. Disposable diapers, baby wipes, tampons, cotton balls and swabs, mini or maxi pads, unused medication, condoms, cleaning wipes of any kind, facial tissue, bandages and bandage wrappings, should never be disposed of down the toilet.

Heating Thermostat Control: These are normally found mounted to a wall either in the hallway or living room area. This rotating dial may indicate temperature in Degrees Fahrenheit, or Centigrade. A simple formula for converting Centigrade to Fahrenheit is to double the number and add 30. Example: 15C = 60F, 20C = 70F. To use your heating system efficiently, select your preferred average temperature on this dial and try to leave permanently in position. Most residents will find a position between 15 and 20 degrees Centigrade (60 and 70 Fahrenheit) comfortable. Always check to see if your thermostat dial has been moved out of position should you experience sudden or prolonged periods of heat loss.

Should heating fail, please contact housing maintenance for assistance at 01638 533111 (Lords Walk) or 01638 532245 (All other housing areas). They will ask you questions regarding your heating and maybe able to assist you over the telephone.

Oil Tank Supply: If you have oil heating (RAF Mildenhall, Shippea Hill, Valiant and Washington); the contractor will track oil tank levels regularly. These checks will be made every Tuesday. Residents must ensure that gates are not bolted, and all yards are to be clear of pet feces and pets restrained for these checks and delivery of oil. However, in some instances housing units may be missed and allowed to run low. Therefore, it is best for the resident to perform checks and if low oil levels are evident, such as below 1/3 of a tank, the resident should inform your housing representative or maintenance for assistance.

AFN: Most MFH areas provide AFN television and radio service. Depending on the housing area, you may require a separate decoder box and handset, where as others simply require direct connection to the AFN outlet. In either situation, the television set must be retuned to receive the AFN channels. Most multi system and NTSC television sets will automatically search for the channel frequencies. However, depending on the television make and model, further tuning menu adjustments may have to be made to the "picture mode" and "sound mode" to correct poor reception. (Please refer to your television operation menu). Should you experience problems with the AFN service and you are assigned to RAF Lakenheath please forward your details to 48 Comm Sq. If you are assigned to RAF Mildenhall please forward your details to 100 Comm Sq.

Waterbeds: These are not permitted in family housing units, due to risk of flooding and excess pressure to load bearing structure.

Candles/Oil Burners: Occasional use of candles and oil burners is permitted in MFH. These items must be safely secured within a suitable mount and not situated close to flammable items,

such as drapes, clothes or paper items. An adult must be in attendance at all times when such items are burning. Continual and excessive use of these items may create a heavy soot/wax build-up to your walls and ceilings which can go unnoticed until removing furniture and pictures upon vacating the home. Excessive build-up to surfaces will require special and expensive preparation prior to painting, which will be at the member's expense.

Business Enterprises: Only in exceptional circumstances can businesses for profit be conducted from your housing unit. Any such enterprise must be requested in writing through the Housing Office, for the attention of the Housing Manager.

Registered Childcare: Although the base may approve you or your spouse to register as a Childcare Provider, you will be responsible for any damages caused to your housing unit during this period. The most common items found on final inspections are: excessive ink and crayon marks to walls, stains on carpets, permanent damage to internal doors due to child locks and damage to grass areas where play equipment has stood.

Exterior Electrics: Use of electric items are not permitted unless already fitted with an approved and protected external power outlet. In circumstances where occasional and temporary power is required, items such as electric garden tools, power tools, etc., can be supplied via an extension cord. However, a Residual Current Device (RCD) safety plug MUST be used inbetween the power cord and the internal power outlet. This power feed must be disconnected immediately after use and not left in place overnight or for unnecessary prolonged periods of time. Security lights, if approved by the housing representative, **MUST** be fitted by a fully certified electrician. An Electric Small Works installation certificate will be signed by the electrician and provided to the Housing Office.

Fire Pits: You must receive prior approval on a signed AF Form 332 from the Fire Department.

Air Conditioning Units: Are not permitted in Military Family Housing.

Christmas/Festive Lights: Should be used in moderation and removed after the celebration period. Christmas lights and festive decorations, i.e. door wreaths and lights must be removed by 10 January of each year. Easy to remove plastic clips should be used to secure lights where possible. All other fixings should be made without damage to the property. NEVER climb onto the roof to hang lights. Please do not leave lights on during the daylight hours.

Pest Control: The first step in proper pest control is good housekeeping. The second step is proper application of DIY pest control products. Some pest control products, such as Ant Powder may be obtained from the Base Exchange, or on the economy. Only if you have made every reasonable attempt to remove the pest/insects and they still persist, contact The Housing Office for further guidance.

Birds' Nests: All birds nests are protected by the UK Wildlife and Countryside Act 1981, paragraph 1. No person can destroy or disturb nests while eggs and young chicks are present. Persons caught violating this act will face a £3000 fine for the first offense. You can safely remove the nests after the breeding season, which will discourage additional nests.

Fireworks: Are not permitted in Military Family Housing.

Yard Sales: Are permitted. The sale is not to continue for more than one day. Signs are not permitted to be attached to fences/posts/trees within the housing area. Official yard sale signs are available for sign out from the self-help store and should be removed at the end of the day. Additionally, yard sale boards are at RAF Lakenheath/RAF Mildenhall Exchanges.

Solicitation in Housing Areas: Fundraising, sales, activities etc, require prior approval of the Base Commander. Route these requests through the Housing Office at 48CES/CEIH.



RECREATIONAL EQUIPMENT/ACTIVITIES:

Please remind your children and their guests not to play ball games, such as basketball, roller hockey, skate boarding or general activities in the streets or parking areas. Such activities, which are distracting and hazardous around vehicle access, should be performed in suitable safe areas.



Basketball Hoops: These should be located at the ends of individual driveways, against the housing unit, but not on sidewalks, roads or shared parking areas. Not only do we have to prioritize road accident risk but also to respect neighbor's vehicles, personal property and gardens that can easily experience damage. There are basketball courts in Liberty Village, Feltwell and Mildenhall Housing Areas

Swimming/Wading Pools/Water Features: Swimming pools are authorized (only above ground) with a maximum size of 6ft in diameter, 18 inches deep and no more than 320 gallon capacity. These should be emptied and turned over, or stowed away immediately after use to prevent accidents. Children can drown in less than 4cm (1 vi inches) of water. It is suggested you contact the Base Legal Office regarding

liability before installing a pool. Permanent pools, ponds, water features etc are not authorized in the housing area.

Trampolines: The need for supervision and trained personnel at all times makes home use extremely unwise. According to the American Academy of Pediatrics (AAP) the trampoline should not be used at home, inside or outside, and parents should never purchase or allow children to use home trampolines. However, if you choose to use a trampoline:

- 1. Ensure the trampoline is in the center of the garden, no closer than 3 meters to any fence line, gate or obstruction and fully fitted with the appropriate safety net.
- 2. You should only allow one person to use the trampoline at any one time.
- 3. The trampoline should be fitted with shock absorbing pads to the springs, hooks and frame.
- 4. The parent MUST SUPERVISE children using the trampoline at all times.
- 5. No children under 6 years of age should use large trampolines.
- 6. Do not use steps to mount the trampoline.

7. The trampoline must be secured and NOT ACCESSIBLE to neighbors or uninvited guests when not in use. A 4ft fence around the rear yard should be used as an enclosure with a lockable gate to restrict access.

It should be noted however, that despite all currently available measures to prevent injury, the potential for serious mishaps while using trampolines remains.

Bicycle Users: All users without exception must wear protective helmets.

Phones: *DECT6.0* is a technology used by many American cordless (home) phones, baby monitors and wireless headsets. Unfortunately, DECT6.0 is NOT licensed for use in the UK as that frequency is used by the three Mobile phone networks. The use of DECT6.0 equipment in the UK is therefore illegal and its use could lead to a fine of up to £5000 along with the seizure of the equipment.

How to tell if your phone or baby monitor is DECT6.0: Many phones will have DECT6.0 written on them, others may have the frequency written on the base unit (the part that is plugged into the phone line) The DECT6.0 frequency bank is 1920-1930 MHz (or 1.92-1.93Ghz). CE marking: The easiest way to check if your equipment is ok for use in the UK is to look for the European conformance mark or CE mark as shown below. If it doesn't bear the CE mark then it's probably not legal for use in the UK.

What to do if your phone is DECT6.0: Please stop using it as soon as possible! Please don't sell it on Ebay to a buyer in the UK!

Fire Arms: Are not permitted in Military Family Housing under any circumstances. It is illegal to import any Firearms into the UK.

Section 4 – Self Help

Self Help Store: The Self Help Store provides cleaning and garden equipment to assist MFH residents in preparing their unit for the final inspection. It can also be used for the first 90 days of arrival on presentation of your orders. Users must register using the AF Form 227 provided at Initial Inspection. The Self Help Store is located on Westbury Road Bldg 1071, RAF Lakenheath. A map with the location of the Self Help Store can be found on the last page of this brochure, Section 10. The general opening hours are from 0730 hrs to 1630 hrs weekdays (Opening later on Thursdays at 0930). Telephone: 01638 522577.

Self Help Project Coordination: All mini projects in or outside of the housing unit should be assessed and approved by your housing representative prior to the commencement of the project. These projects can include erecting a shed, a fence or various internal projects such as repainting, installing ceiling fans, etc. An AF Form 332 work order must be initiated at the Lakenheath Housing Office.

Pre-project Inspection: A housing representative will visit your home and discuss the project with the member responsible for carrying out the project. Your request on the correctly filled out AF 332 will be approved or disapproved at this time. Please note that the AF Form 332 requires an attached sketch for projects such as fences, sheds and patios. Please use a separate sheet and

include as many relevant details as possible. An AF Form 103 (Base Civil Engineering Work Clearance Request) may also be necessary for excavation work, such as digging fence postholes. This is to safeguard you from damaging underground cables or service pipes. AF Form 103 must be routed through 100 CES for residents of Mildenhall base housing. Residents of all other housing areas must route the AF Form 103 through 48 CES.

Post-project Inspection: The member must confirm to the housing representative, within 30 days, that a project is completed so that it can be inspected. The member does not necessarily have to be in attendance.

Maintenance Responsibility: All self-help projects will be maintained by you. If deemed unsafe, unsightly, or neglected, you will be requested to repair and maintain, or remove at your own expense.

Fences: All fence projects should comply with general base standards. AF Form 332 and AF Form 103 digging permit must be completed and approved prior to commencing work.

Standard Specification: Panels should be of equal 4' heights, allowing for only one 6' high section between neighbors, for privacy purposes. All fence posts will be of 4" thickness and buried, at a minimum, 2' into the ground with suitable aggregate. A 3' gate must be included for emergency access/exit purposes and will generally be located central of the rear fence (This is to allow for garden sheds to be erected in corner positions). Side gates may be approved where practical and safe.

APPROVED TYPES OF TIMBER FENCING

6 x 4/6 x 6 Panels with Posts

6 x 4/6 x 6 Close Boarded

Low level decorative borders in front gardens are not approved, for safety reasons, but boundaries can be marked by planting suitable flowers or low level shrubs. Exceptions may be considered.

Position: The member will be asked to provide a sketch where they would like to position the fence.

Sheds/Storage Containers: Please do not purchase these until the AF Form 332 has been approved. Please note that some yards may not be able to accommodate sheds for fire safety reasons. No sheds are permitted in Liberty Village or some RAF Feltwell Housing Areas.

Patios: If your housing unit does not have an adequate patio area, permission to extend it may be granted on a case-by-case situation.

Ceiling Fans: If approved, must be fitted by a fully qualified British Electrician. A copy of the Electric Small Works Certificate must be provided to the housing representative,

who will keep this on the main housing file. An AF Form 332 must be approved prior to installation.

Satellite Dishes: Dishes must be discretely positioned and mounted at low level on a concrete slab. All cables should be hidden where possible or routed discretely, such as behind rainwater pipes or at low level. Holes must be drilled neatly through a cement/mortar joint from the outside, inwards to avoid expensive damage to brickwork. Do not drill holes through PVC windows or doors. In exceptional and limited situations where a signal cannot be gained due to obstructions such as tall trees and buildings, permission may be given to mount the dish discretely on an upper corner of the gable, or rear wall. In this case a signed letter from the Satellite Engineer verifying the necessity will be required. The bracket must remain on the property regardless of whether or not the system is later transferred.

Landscaping: Although we encourage you to beautify your gardens by planting flowers and shrubs, we must take into consideration that large scale landscaping may create a great burden for the next family, and potentially cause hazards to the property. Borders are approved to enhance property to 18



inches in width along front unit without AF Form 332 and further landscaping must be completed in accordance with AF Form 332. Trees of any size are not permitted, as they may cause major structural damage.

Window/Door Bug Screens: You are not permitted to drill, or glue screen panels to PVC frames.



Carpet/Vinyl Flooring: Lying of carpet and vinyl flooring is not normally approved; contact your housing representative for details.



Painting/Wallpaper/Borders: Painting is discouraged, should you wish to paint, please contact your Housing Representative for application details and product specifications. Use of US Specification and oil base paints are not permitted.

Patio Lean-to/Carports: These constructions are not permitted.

Section 5 – Pets

Pet Abuse: If you are aware of any pets in your neighborhood that are being neglected or mistreated, contact the RSPCA (Royal Society for the Protection of Cruelty to Animals) 24-Hour Cruelty line on 0300 1234 999. Your call will be kept confidential and you do not have to give out your personal details.

CONDITIONS FOR KEEPING PETS IN HOUSING

You are limited to two household pets while residing in base housing. These pets must be domesticated. You may not board dogs of any breed (including a mixed breed) that are deemed "aggressive" or "potentially aggressive," unless the dog is a certified military working dog that is being boarded by its handler/trainer or approval with written approval of the Defense Force Commander or approval is obtained by the Installation Commander in writing. For purposes of this policy, aggressive or potentially aggressive breeds of dogs are defined as a Pit Bull (American Staffordshire Bull Terrier or English Staffordshire Bull Terrier), Rottweiler, Doberman Pincher, Chow and wolf hybrids. Prohibition also extends to other breeds of dogs or individual dogs that demonstrate or are known to demonstrate a propensity for dominant or aggressive behavior as indicated by any of the following types of behaviors:

- (a) Unprovoked barking, growling or snarling at people approaching the animal
- (b) Aggressively running along a fence line when people are present
- (c) Biting or scratching people and other domestic animals
- (d) Escaping confinement or restriction to chase people

In accordance with the Dangerous Dogs Act 1991 it is against the law to let a dog be dangerously out of control anywhere, eg:

- In a public place
- In a private place (eg a neighbours house or garden)
- In the owners home

Your dog is considered dangerously out of control if it:

- Injures someone
- Makes someone worried that it might injure them

A court could also decide that your dog is dangerously out of control if:

- It injures someone's animal
- The owner of the animal thinks they could be injured if they tried to stop your dog attacking their animal

You can be fined up to £20,000 or sent to prison for 6 months (or both) if your dog is dangerously out of control. You may not be allowed to own a dog in the future and your dog may be destroyed.

You may not board exotic animals such as, but not limited to, reptiles, rodents (other than hamsters and guinea pigs), ferrets, hedgehogs, skunks, rats, raccoons, squirrels, pot bellied pigs, monkeys, arachnids, or any farm animal. Pets must be secured with leashes under positive control while outdoors, including fenced patios and yards. Pets must not be left tied, unattended or allowed to run loose in public areas. Pet owners must maintain current immunizations on all pets. Dogs and cats are required to wear a collar or harness with current rabies vaccination attached. UK Law states that all dogs must wear a collar and an identification tag stating the address or phone number of the owner. Do not inscribe the tag with your pet's name. Pet areas must be cleaned regularly to control and prevent vermin infestation. Pet feces must be picked up daily or immediately if the pet evacuates outside the patio or yard. All pets must be registered with the US Army Veterinary Clinic at RAF Feltwell upon arrival to the UK or within two weeks of obtaining a pet. The Veterinary Clinic operating hours are Mon-Fri, 0800 – 1600 and can be reached at 01638 527097.

Uncontrolled pets should be reported to the Security Forces on base (RAF Lakenheath/Feltwell at 01638 522333, RAF Mildenhall at 01638 542667) or RSPCA at 0300 1234 999.

Doghouses/dog runs/pens are not permitted in MFH.

All yards damaged by pets must be regularly repaired and maintained to the satisfaction of the Housing Office. This also includes sanitation and re-sodding (during winter months) and reseeding (during summer months). Do not allow your yard to be completely bare of grass or full of holes for long periods of time.

These rules have been endorsed by the Civil Engineering and Security Forces Commander. *Persistent complaints/discrepancies may lead to removal of your pet and privileges*.

Section 6 – Security

Reporting Crime: You will report any criminal activity experienced or witnessed in the Housing area to the USAF security forces, so that crime stats and appropriate responses can be assessed.

Emergencies on base should be reported to the Security Force Desk:

RAF Lakenheath and RAF Feltwell - 01638 52 2333 RAF Mildenhall - 01638 54 2667

All base phones have in operation the 911 emergency number, 999 calls on base extensions will also be connected to Emergency Services.

If a member resides in military family housing <u>outside</u> the base area, you should carry out the following:

- If the action is of a serious nature, or a person is in the act of committing an offense, you should dial 999.
- If the incident is of non-urgent nature, you should contact the Ministry of Defense Police (01371) 854444 or DSN 238-2020.
- You may also contact the local police force that serves your area on 101.

 For general advice or police issues, please contact PC Glover, Community Safety Officer on 07901773878.

Member's Responsibilities: You are responsible for the actions of yourselves, spouse, children, dependents, relatives and invited guests.

- At night or whenever you leave your home, even a short visit to a neighbor, make sure that you lock all doors and windows.
- Secure all ladders, steps and valuable items etc., visible in gardens. Secure shed doors.
- When you go on leave, try at all times to make the house look as if it were occupied:

Ask friends to check your house, move your vehicle and pick up your mail

Leave lights on in the evening, or use time switches on lamps and radios.

Remember to cancel papers, milk or other regular deliveries.

Never leave valuables where they can be seen through a window.

Hide small valuables such as jewelry and cash.

Consider buying home alarm devices.

• It is recommended, if you have a storage shed, to fit a staple and hasp bracket and a good quality padlock for security.

Cars: Lock doors and shut windows when you leave the car.

- Never leave a uniform or other valuables on show inside the car (A plastic bag will raise curiosity to a burglar, even if you know it is full of rubbish).
- Never store your car documents inside the car.
- If not already fitted with an alarm, consider fitting one.
- Try to park in well-lit areas.
- Never leave the car running, while the vehicle is unattended.

Personal Safety: Securing your property will make you safer in your home, and make your home and belongings safer while you are out.

What can I do?

Intruders: If you think you have an intruder, only you can decide how to deal with the situation. Think now about what you might do - you might not be thinking clearly in a real incident. It is generally best not to challenge an intruder.

Interrupting Burglars: If you come home and find a broken window or a light on, and you think there may be a burglar inside, you may think it best not to go into the house. Go to a neighbor's house and call the police. If you have a cell phone use it. Ring the doorbell – someone who should be in the house will come to the door, whereas intruders are likely to run away.

Self Defense: Under the law you are entitled to use reasonable force in self-defense or to protect another person or your property.

The reasonable force that is used in any situation will depend on the threat that you are facing. For example, the level of force that you can use to defend your life is greater than the level of force you can use to defend your property.

What "reasonable force" is will depend on the circumstances of each case, and is something that only the courts can decide. This does not mean that if you injure a criminal while defending yourself or your property you will necessarily face criminal charges. But if the criminal complains that you have used unreasonable force, the police must investigate.

"IF YOU STILL HAVE QUESTIONS THAT NEED ANSWERING"

Contact the Ministry of Defense Police 01371 854444 or DSN 238-2020



Ministry of Defence Police

The Ministry of Defence Police is a statutory civilian Police Force, which is organized and accountable in much the same way as any other police force in the UK. Its remit however is national not regional and its officers exercise their police powers within the boundaries of the Defence Estate. Unlike the Service Police (e.g. the Royal Military Police) MDP is not under military command. In investigatory matters, the

Chief Constable of MDP is independent of the Ministry.

MDP numbers are around 3,400 officers, located at Defence establishments throughout the UK. Its primary role is "the application of civil police training and constabulary powers to combat the principal risks of crime and disorder faced by the Ministry of Defence". We also provide, or contribute to, the physical protection of property and personnel within our jurisdiction.

In common with other police forces, MDP's purpose is to uphold the law fairly and firmly; to prevent crime; to pursue and bring to justice those who break the law; to protect the community; and to be seen to do this with integrity, impartiality and sound judgement.

A Partnership

The Ministry of Defence Police is here to serve you and the defence community. We work closely with other agencies to ensure that this community is secure and safe. However we cannot work in isolation and, in common with every police force in the land, we need the support of you the public.

In addition to armed security and routine uniformed policing we have officers trained in:

Investigation of Crime (CID officers), Community Policing (service accommodation) Crime Prevention, Domestic Violence and Related Issues, Specialist Search Teams, D.A.R.E – Drug Abuse Resistance Education, Explosive /Drugs Search Dogs Scene of Crime expertise, Firearms expertise, Rope Access Teamwork, Wildlife Liaison

Each officer has the back up of a force containing officers trained to a very high standard in a wide range of fields. They are here to serve and protect you.

Crime can affect YOU.

Help us to help you by reporting any incident to:

01638-542020 or 01371 854444

Neighbourhood Watch:

COME AND JOIN US



Why?

Neighborhood Watch cuts crime and the opportunity for crime. Neighborhood Watch helps and reassures those who live in fear of crime. Neighborhood Watch encourages neighborliness and closer communities.

Interested in joining, or starting a scheme in your area contact. MOD Police at 01638 542020 or 48 SFS at 01638 523419

YOUR CHILD'S SECURITY:

Children: Do you really know where your children are? Could they be playing in a vacant property, or in an unsafe area? Are they respecting your neighbor's garden, vehicle, or personal and government property? You must communicate and supervise your children as much as

possible. The housing representatives often witness many situations where children are about to, in the process of, or leaving an area, where recent damage has just occurred. Military members will be held accountable for any damages or criminal actions that have been caused by their spouse, dependents or any invited guests. We hope that the situation does not occur, but depending on the nature of the incident, the British and/or USAF Police may be informed for further action or prosecution.

Child neglect and abuse: Please contact the Family Advocacy Clinic on RAF Lakenheath Ext 8070 for any suspected occurrences of child maltreatment or neglect. After duty hours these incidents can be reported to the USAF Security Force Desk. 01638 522333. For RAF Mildenhall Residents after duty hours contact RAF Mildenhall Extension 2667.



Curfew: Please note the following curfew times when minors (under the age of 18yrs) are not allowed away from their place of residency unless accompanied by a parent, legal guardian, or responsible adult.

2200hrs – 0600hrs Sunday through Thursday 2300hrs – 0600hrs Fridays, Saturdays and Holidays

Child Supervision Guidelines:

Age of Child	Up to 4yrs	5 to 6 yrs	7 to 9 yrs	10 to 11yrs	12 to 15yrs	16 to 17yrs
Left w/o Sitter in Quarters	No	No	No	Yes; with ready access (phone number to adult supervisor)	Yes	Yes
Left alone overnight	No	No	No	No	No	Yes; may be left alone for short TDY's or leaves, not to exceed 3 consecutive days. Child must have access to adult supervision
Outside unattended During Daylight Hours (to including walking to school and playing	No	Yes; playground or yard with immediate access (visual sight or hearing distance) to adult supervision	Yes; with ready access to adult supervision	Yes; with ready access to adult supervision	Yes	Yes
Left in a Car Unattended	No; With only the exception of paying for gas at the outside AAFES window	No; With only the exception of paying for gas at the outside AAFES window	Yes; with keys removed and handbrake applied; 15 mins. max	Yes; with keys removed and handbrake applied	Yes	Yes
Child Sitting Siblings & Others	No	No	No	No	Yes; Red Cross babysitting training is recommended	Yes; Red Cross babysitting training is recommended

The ages specified are the maximum ages and are based on the child's ability to demonstrate age appropriate behavior. Children who do not consistently demonstrate age appropriate behavior should not be given the same degree of self-management responsibilities.

These supervision and curfew guidelines are mandated by instruction, Lakenheath/ Mildenhall 36-2901 "Joint Community Standards Instruction" therefore parents are expected to fully comply.

Section 7: Safety Awareness

Smoke and Carbon Monoxide Detectors: All housing units will have a ceiling mounted smoke detector on each floor. The housing representative will advise you on the basic operation and type of detector during your initial walk through inspection. Please test monthly.

Storage of hazardous materials:

- 1. Keep out of reach of children-preferably under lock and key.
- 2. Store outside in metal cabinets if possible with tightly fitting lids.
- 3. Store only a minimum amount required for home use.
- 4. Storage of these items is prohibited in driveways/access ways/housing unit.

Burning Candles in Your Home: Is a serious fire hazard!

- ✓ Candles left unattended or misused have been a major cause of fires.
- ✓ Ensure the area above or around the candle is clear of materials that are easily ignitable, such as curtains, paperwork, clothes, etc...
- ✓ Ensure all candles are secured in a suitable container and sitting on a flat surface.
- ✓ Never leave children alone with lit candles.

WARNING: Candle smoke build up can lead to expensive repairs.

Kitchen/Cooking Fire Safety:

- > Unattended cooking is the leading cause of fire loss in residential homes on and off base.
- The best prevention practice is not to leave cooking unattended and to apply the following simple fire prevention practices to home cooking.
- ➤ Pans should never be filled more than 1/3 their capacity, to allow for expansion when food is added (Especially for the use of oil or fat).
- Always dry excess water from food products before placing in HOT grease.
- ➤ Keep a tightly fitting lid next to or near by the pan.
- ➤ If fire occurs, <u>DO NOT</u> remove the pan from the stove top.
- > Place a tight fitting lid on the pan.
- > Turn off the burner or heat source.
- Extinguish any fire outside the pan with an ABC Dry Chemical fire extinguisher.
- ➤ Call the fire department even if the fire is extinguished.





- ➤ Know location of on/off switches of kitchen appliances.
- ➤ Clean grease filters in exhaust fans often in order to prevent grease accumulation.

Legionnaires' Disease:

Legionella is a common bacteria found in various water sources, including rivers, ponds, spas, hotel water cooling towers, but rarely domestic residential buildings. If conditions are favorable in warm stagnant water, the bacterium can grow, increasing the risks of LDB (Legionnaires' disease bacteria). Infection can occur when a mist or small airborne droplets of water are inhaled or aspirated through the nose or mouth, spreading the bacteria to the lung areas and eventually showing flu like symptoms. In RARE cases the disease can be fatal to elderly, heavy smokers or others carrying secondary illnesses. To reduce risks around your home, we recommend that ALL water outlets are flushed for two minutes, on a weekly basis, if not in use. If you are taking leave, you should ask the elected person looking after your home, to follow this process. Some tests have shown that legionella bacteria growth can be enhanced in areas of high lime/ calcium build up. This highlights the importance of keeping all shower heads free of lime-scale. The safest way to clear lime-scale without damaging the rubber seal and nozzles, is to periodically rest the shower head face down in a shallow bowl of white vinegar.

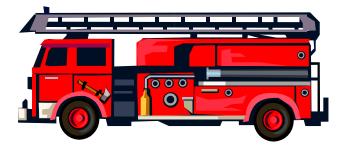
BBQ/Smokers/Fire Pits:

Do not operate BBQ grills or Fire Pits within 15 ft of the housing unit and at least 10 feet away from all combustible structures, i.e. storage shed.

Ensure that all coals have burned out, or have been flushed with water before leaving unattended. Do not attempt to burn paper or cardboard in these devices. Disconnect the gas bottle immediately after use.



Bonfires and open fires of any kind are not permitted in MFH.



Fire/Emergency Reporting Procedures:

(All fires must be reported)

When reporting your emergency over the telephone you need to know the following:

Your building number, street address, village, and/or county you are located in. (i.e. Norfolk, Suffolk, Cambridgeshire for off-base housing calling 999)

The type of fire or emergency

Location of fire, if you are reporting a fire

Section 8 – Termination of Military Family Housing

Terminating housing will normally be anticipated in advance when a member's tour is coming to an end, when a member is moving to another housing unit, assigned to the dormitories, or when moving back on to the economy. Should you lose your entitlement to remain in housing, such as a legal separation, divorce or early return of dependents, you must be forthcoming with this information and relinquish your right to retain family housing within 30 days from the date of loss of eligibility. Notice: It is ESSENTIAL that the Housing Office receives adequate notice when terminating quarters. The USAF generally requires 40 days notice, regardless whether PCS orders, assignment paperwork or rental contracts have been issued or completed. We understand that there may be circumstances when less than 40 days notice may be given. Short notice PCS noted by the date of the orders is exempt from the 40 day requirement.

Pre and Final Inspections: You do not need PCS orders to book your pre-inspection but will be needed when scheduling your final inspection. The pre-inspection is designed to assist you in preparing for your final inspection. We will review the final inspection procedures with you, discuss your individual cleaning needs, check for damage to property, provide you choices for repairs, and answer your questions. At the same time, the housing representative and maintenance representative identifies work that the housing maintenance contractor will need to accomplish prior to the next resident moving in, cleaning standards will be provided on pre-inspection.

PCS'ing with Pets: If you are making preparations to PCS and you have pets, the Feltwell Veterinary Clinic offers a class called "Shipping Your Pet". This class offers information and help on how to prepare and ship your pets. It is held at the Airman and Family Readiness Center (AFRC) on Lakenheath 226-3847 and Mildenhall 238-3406. Call AFRC for dates and times. If you plan on leaving your pet in the UK you must change the registration information to the new owner's details at the base veterinary clinic, and the Pet-Log registration at 08706 066751.

ENVIROMENTAL MANAGEMENT



Environmental Management System (EMS): What You Should Know!

- 1. What Is It?: RAFL's method to minimize environmental impact
- 2. What It Includes:

Reducing Waste Reducing Energy Use

Reducing Water Use







3. What you can do: Reduce, Reduce, Reduce

Your EMS POC: 48 CES/CEIE at 226-3990 or 01638 523990

WHAT DO YOU PUT DOWN THE DRAIN?

The facilities that treat sewage and wastewater from RAF Lakenheath and Feltwell use a biological process to purify the wastewater before being released into local rivers. The bugs that make up the biological process can be killed off by putting hazardous materials, or large amounts of diluted hazardous materials, down the drain. If the bugs die the base can't purify its wastewater. When this happens damage can be caused to the plants, invertebrates, fish and animals that make up the river's ecosystem. Also the base could get prosecuted and face a large financial fine by the English Environment Agency, so.....

BEFORE YOU PUT ANYTHING DOWN THE DRAIN THAT ISN'T SOMETHING YOU ATE, ASK YOURSELF

- 1) WOULD IT BE GOOD FOR THE BUGS or
- 2) IS THERE ANOTHER WAY OF DISPOSING OF IT POSSIBLE THROUGH HAZARDOUS WASTE?

Bugs don't like:

- X Oil or grease (e.g. used sump oil)
- **X** Fuel (e.g. gas or diesel)
- **X** Fat (e.g. the cooking oil from deep fat fryers)
- ✗ High nutrient liquids (eg milk, beer)
- X Neat cleaning fluids (e.g. bleach)
- **X** Paint, thinners or cleaner (e.g. gloss paint, emulsion, white spirit, turpentine)
- X Drugs or pharmaceuticals (e.g. unused medicines)
- X Hazardous materials liquid or solid

THANKS FOR THINKING ABOUT THE BUGS!

Environmental Office POC: RAF Lakenheath and RAF Feltwell – Seamus McDonagh DSN: 226-3990, Tel: 01638 523990

Section 9 – Useful Telephone Numbers

EMERGENCY NUMBERS:

Fire (Off Base)	999
Ambulance (Off Base)	999
Police (Off Base)	999
Police (Off Base Non Emergency)	101
All Emergency Services (On RAF Lakenheath/Feltwell)	(01638) 527911
All Emergency Services (On RAF Mildenhall)	(01638) 547911
RAF Lakenheath Hospital	(01638) 528010
RAF Lakenheath/RAF Feltwell Security Forces	(01638) 522333
RAF Mildenhall Security Forces	(01638) 542667
MOD Police control room	(01371) 854444
Defence Community Police Officer (PC Glover)	07901773878

HOUSING MAINTENANCE NUMBERS:

Lakenheath/Feltwell/Ely/Mildenhall Maintenance	(01638) 532245
Lords Walk Housing – Lakenheath Property Management Ltd	(01638) 533111

APPLIANCE MAINTENANCE: Duty Hrs (01638) 527156

MISCELLANEOUS:

Lakenheath Regional Housing Office/Representative	res	(01638) 522064
Lakenheath Regional Housing Office/Counselors	(01638) 522000	
Lakenheath Regional Housing Office/Rentals	(01638) 522063	
Lakenheath Self Help Store (Bldg. 1071)	(01638) 522577	
Furnishings Management Section (FMS) Customer	(01638) 527030	
RAF Feltwell Veterinary Clinic		(01638) 527097
Fuels (RAF Lakenheath)	Duty Hrs	(01638) 522220

WEB SITE/ LINKS/ EMAILS:

Local Council / Authorities:

www.eastcambs.gov.uk (Residents of Ely)

www.forest-heath.gov.uk (Residents of Lakenheath and Mildenhall)

www.west-norfolk.gov.uk (Residents of Feltwell)

AFN PROBLEMS:

<u>afnoutage@lakenheath.af.mil</u> (Military members stationed at RAF Lakenheath) <u>afnoutage@mildenhall.af.mil</u> (Military members stationed at RAF Mildenhall)

https://ice.usafe.af.mil/sites/48MSG/CES/EARHO (Housing Information)

Section 10 - Self Help Store Location

